

# 7 Steps to Mind Renewal

- . Think on things that are true, honest, just, pure, perfect, lovely and of a good report.
- . Do the things that you learn, hear, see and receive from the Word of God.
- . Cast down every stronghold.
- . Meditate on the Word day and night.
- . Identify and get rid of the sources of evil communications coming into your mind.
- . Keep your eyes only on Jesus and forget the things that are behind you.
- . Walk by faith and not by sight.